

# allergens

dish	allergens
<b>appetiser</b>	
bbq spare ribs	gluten, soyabeans, sesame
salt & pepper spare ribs	gluten, soyabeans, sesame
capital spare ribs	gluten, soyabeans, sesame
chips	n/a
salt & pepper chips	n/a
salt & pepper calamari	eggs, molluscs, sesame, soyabeans
salt & pepper quorn nuggets	eggs, gluten, milk
salt & pepper fried tofu	soyabeans
salt & pepper king prawns	egg, crustaceans, gluten, sesame, soyabeans
salt & pepper chicken wings	fish, sesame, soyabeans
salt & pepper chicken	eggs, sesame, soyabeans
tofu & vegt wrap	soyabeans, eggs, gluten, sesame
chicken mix vegt wrap	eggs, milk, soyabeans, gluten, sesame
pork mix vegt wrap	eggs, gluten, soyabeans, sesame
king prawn, diced, mix vegt wrap	eggs, gluten, soyabeans, sesame, crustaceans
mix vegt wrap	eggs, gluten, soyabeans, sesame
sesame prawn toast	eggs, sesame, soyabeans, crustaceans
prawn tempura with sweet & sour sauce	eggs, crustaceans, gluten, sesame, soyabeans, sulphites
chicken satay on skewers	eggs, sesame, soyabeans, mustard, gluten, peanuts, crustaceans
smoked chicken	eggs, sesame, soyabeans
meat spring rolls	gluten, soyabeans, sesame, eggs, milk, crustaceans, celery, mustard
duck spring rolls	gluten, soyabeans, sesame, eggs, milk, celery, mustard
vegetable spring rolls	gluten, soyabeans
grilled meat dumplings	gluten, sesame, soyabeans, milk, eggs, fish
thai fish cakes	fish, eggs, peanuts, soyabeans, gluten, crustaceans, fish, sesame, molluscs
<b>soup</b>	
chicken & sweetcorn soup	soyabeans, milk, eggs, gluten, mustard, celery
hot & sour soup	eggs, soyabeans, milk, gluten, sesame, mustard, crustaceans, celery

## noodles

pawpaw special chow mein	soyabeans, milk, gluten, sesame, crustaceans, celery, mustard
dry fry pawpaw special chow mein	soyabeans, milk, gluten, sesame, crustaceans
chicken chow mein	soyabeans, milk, gluten, sesame, mustard, celery
dry fry chicken chow mein	soyabeans, milk, gluten, sesame
beef chow mein	soyabeans, gluten, sesame, milk, mustard, celery
dry fry beef chow mein	soyabeans, gluten, sesame
pork chow mein	soyabeans, gluten, sesame, milk, mustard, celery
dry fry pork chow mein	soyabeans, gluten, sesame
king prawn chow mein	soyabeans, gluten, sesame, milk, mustard, crustaceans, celery
dry fry king prawn chow mein	soyabeans, gluten, sesame, crustaceans
dry fry duck chow mein	soyabeans, gluten, sesame
duck chow mein	soyabeans, gluten, sesame, milk, mustard, celery
mushroom chow mein	soyabeans, gluten, sesame, milk, mustard, celery
mixed vegetable chow mein	soyabeans, gluten, sesame, milk, mustard, celery
tofu chow mein	soyabeans, gluten, sesame, milk, mustard, celery
plain chow mein	soyabeans, gluten, sesame
plain rice noodles with soya sauce	soyabeans, gluten, sesame
singapore noodles	soyabeans, milk, gluten, sesame, crustaceans
vegetarian singapore noodles	soyabeans, milk, gluten, sesame, curry mix
pad thai noodles with chicken	eggs, gluten, fish, soyabeans, milk, nuts
pad thai noodles with pork	eggs, gluten, fish, soyabeans, peanuts
pad thai noodles with beef	eggs, gluten, fish, peanuts
pad thai noodles with king prawns	eggs, gluten, fish, peanuts, crustaceans
pad thai noodles with vegetables	eggs, gluten, fish, peanuts

## rice dishes

steamed rice	n/a
egg fried rice	eggs
special fried rice	eggs, soyabeans, gluten, sesame, milk, crustaceans
chicken fried rice	eggs, soyabeans, milk
beef fried rice	eggs, soyabeans, gluten
roast pork fried rice	eggs, soyabeans, gluten, sesame
singapore fried rice	eggs, soyabeans, gluten, sesame, milk, crustaceans
king prawn fried rice	eggs, crustaceans
mushroom fried rice	eggs, soyabeans, gluten
garlic vegt fried rice	eggs, soyabeans, gluten

• traces of cross contamination possible – same utensils, fryer, wok & oil used • knorr chicken stock and msg used in cooking, contains; salt, lactose, milk, egg, chicken

dish	allergens
<b>stir fry dishes</b>	
please note allergens on our <b>meat and vegetable products</b> and apply them to each stir fry dishes accordingly	
<b>chicken</b>	soyabeans, milk
<b>pork</b>	soyabeans, gluten, sesame
<b>beef</b>	n/a
<b>duck</b>	n/a
<b>king prawns</b>	crustaceans
<b>tofu</b>	soyabeans
<b>quorn pieces</b>	eggs
<b>quorn nuggets</b>	eggs, gluten, milk
stir fry with cashew nuts	gluten, milk, mustard, celery, soyabeans, sesame, nuts, molluscs
stir fry with chop suey	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
stir fry with mixed vegetables	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
mushrooms in oyster sauce	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
bok choi in oyster sauce	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
bok choi & mangetout	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
ginger & spring onion	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
black pepper sauce	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
satay sauce	soyabeans, mustard, gluten, peanuts, crustaceans, molluscs
kung po sauce	peanuts, soyabeans, gluten, crustaceans, fish, sesame, molluscs note: chicken and king prawns - eggs
szechuan sauce	peanuts, soyabeans, gluten, crustaceans, fish, sesame, molluscs
black Bean Sauce	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
spicy lemongrass, chilli & red bean	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
fresh basil, garlic & chilli (thai)	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
sweet & sour cantonese	sweet & sour sauce - n/a crispy chicken – eggs, sesame, soyabeans crispy king prawn – eggs, gluten, sesame, soyabeans
stir fry pineapple	n/a

## curry dishes

chinese curry	gluten
thai green curry	crustaceans, fish, gluten, milk, mustard, celery, soyabeans
thai red curry	crustaceans, fish, gluten, milk, mustard, celery, soyabeans

## popular dishes

sweet & sour chicken balls	eggs, sesame, gluten, soyabeans
sweet & sour quorn nuggets	eggs, gluten, milk
hot crispy chilli beef	eggs, sesame, soyabeans, gluten
hot crispy chilli chicken	eggs, sesame, soyabeans, gluten
lemon chicken	eggs, sesame, soyabeans, sulphites, milk
roast duck chinese style	gluten, soyabeans, sesame
roast duck in plum sauce	soyabeans, gluten, crustaceans, fish, sesame, molluscs

## side order

curry sauce	gluten
sweet & sour sauce	n/a
bbq sauce	gluten, soyabeans, sesame
sweet chilli sauce	peanuts, soyabeans, gluten, crustaceans, fish, sesame, molluscs
satay sauce	soyabeans, mustard, gluten, peanuts, crustaceans
hoi sin sauce	soyabeans, gluten, sesame
black bean sauce	gluten, milk, mustard, celery, soyabeans, sesame
chips	n/a
salt & pepper chips	n/a
cucumber/spring onions for crispy duck	n/a
pancakes	gluten
cashew nuts	nuts

## vegetables

stir fry mushrooms	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
stir fry mixed vegt with black bean sauce	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
sweet & sour mixed vegt	n/a
stir fry beansprouts	gluten, milk, mustard, celery, soyabeans, sesame
stir fry broccoli, ginger & garlic	gluten, milk, mustard, celery, soyabeans, sesame
stir fry bok choi, ginger & garlic	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
stir fry bok choi with oyster sauce	gluten, milk, mustard, celery, soyabeans, sesame, molluscs
stir fry mixed vegetables	gluten, milk, mustard, celery, soyabeans, sesame, molluscs

**pawpaw**<sup>TM</sup>

more information available at [www.pawpawgroup.com](http://www.pawpawgroup.com)